

SENECA VALLEY SCHOOL DISTRICT

CURRICULUM

Course Title: Health
Course Number:
Grade Level(s): Kindergarten
Periods Per Week:
Length of Period:
Length of Course:
Credits:
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Date: February 25, 2015

COURSE DESCRIPTION:

Health at the Kindergarten level will include an introduction to the human body, good nutrition practices and proper safety procedures. These objectives are addressed during the All About Me unit, nutrition unit and safety unit.

The state has developed anchors (points of focus) in Health. The anchors specify eligible content for the content areas. The anchors include standards 1.1, 1.2, and 1.3

The Objectives that address anchors have been bolded.

The following outline provides a general overview of the course content, not a chronological timetable. The weeks denoted for each area provide an idea for the overall time spent working with a given topic throughout the school year.

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>I. Concepts of Health</p> <p>A. Growth and Development</p> <p>B. Nutrition 1. Food groups</p> <p>C. Drug Awareness 1. Making Good Choices</p>	<p>Identify and describe the stages of growth and development. 10.1.3A</p> <p>Describe growth and developmental changes that occur between infancy and early childhood. (Soc. Studies)</p> <p>Identify and know the location and function of the major body organs and systems. 10.1.3B</p> <p>Identify body parts.</p> <p>Explain the role of the food guide pyramid in helping people eat a healthy diet. 10.1.3C</p> <p>Identify the basic food groups.</p> <p>Identify the steps in a decision-making process. 10.2.3D</p> <p>Categorize foods as either healthy or unhealthy.</p> <p>Know age appropriate drug information. 10.1.3E</p> <p>Guidance Curriculum (Red Ribbon Week, classroom lessons)</p>			

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>II. Healthful Living</p> <p>A. Hygiene</p> <p>B. Health Information</p>	<p>Identify personal hygiene practices and community helpers that promote health and prevent the spread of disease. 10.2.3A</p> <p>Understand the immediate impact of safety choices. (e.g., playground safety, hand-washing, personal hygiene, etc.)</p> <p>Demonstrate safe and effective methods for containing blood and body fluids.</p> <p>Establish healthy routines. (e.g., hand-washing, tissue use, etc.)</p> <p>Identify health related information. 10.2.3B</p>			

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>III. Safety</p>	<p>Recognize emergency situations and explain appropriate responses. 10.3.3B</p> <p>Recognize safe/unsafe practices in the home, school and community. 10.3.3A</p> <p>Implementing procedures for dealing with emergency situations. (e.g., Fire Drill, Emergency Weather Drill, Bus Evacuations, etc.)</p> <p>Follow school safety rules. (e.g., bus, playground, classroom, cafeteria, science labs, etc.)</p> <p>Develop a family plan in case of a fire emergency.</p> <p>Make healthy choices as they relate to health and safety situations.</p> <p>Apply safety rules dealing with strangers. (e.g., public activities, internet, etc.)</p> <p>Identify ways to survive natural disasters. (Emergency Weather Drill)</p> <p>Follow guidelines established in the school district Acceptable Use Policy.</p> <p>Demonstrate safe practices in emergency situations.</p>			

