

SENECA VALLEY SCHOOL DISTRICT

CURRICULUM

Course Title:	Health
Course Number:	
Grade Level(s):	Six
Periods Per Week:	5
Length of Period:	
Length of Course:	4 Weeks
Credits:	
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Date:	September 26, 2012

COURSE DESCRIPTION:

The sixth grade health curriculum includes 4 units:

1. Drugs/Alcohol/Tobacco/Steroids
2. HIV/AIDS
3. Immune System
4. Reproductive System

It is recommended that the units be taught in this order. For students without parental consent, the alternate curriculum to replace HIV/AIDS and/or reproduction is Chapter 2: Mental & Emotional Wellness OR Chapter 3: Healthy Relationships

The state has developed anchors (points of focus) in Health. The anchors specify eligible content for the content areas. The anchors include standards 1.1, 1.2, and 1.3

The Objectives that address anchors have been bolded.

The following outline provides a general overview of the course content, not a chronological timetable. The weeks denoted for each area provide an idea for the overall time spent working with a given topic throughout the school year.

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>I. Drug and Alcohol Prevention</p> <p>A. Making Good Choices</p> <p>B. Red Ribbon Week</p> <ul style="list-style-type: none"> • Drugs • Alcohol • Tobacco • Steroids 	<p>Encourage good character and a drug free lifestyle</p> <p>Explain factors that influence childhood and adolescent drug use (decision making/refusal skills). 10/1/6D</p> <p>Analyze environmental factors that impact health (indoor air quality, second hand smoke & natural disasters). 10.2.6.E</p> <p>Describe strategies to avoid or manage conflict and violence (anger management/“Roid Rages” peer mediation, reflective listening, negotiation). 10.3.6.C</p> <p>Explain the media’s effect on health and safety issues. 10.2.6.C</p> <p>Follow effective precautions against diseases transmitted through blood and body fluids. 10.2.6</p> <p>Classify types and side effects of drugs, alcohol, tobacco, and steroids.</p>			

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>II. HIV/AIDS</p> <p>A. Immune System</p>	<p>Identify health problems that can occur throughout life and describe ways to prevent them, HIV/AIDS. 10.1.6.E</p> <p>White Blood cells, T-cells, Leukemia, HIV/AIDS, Opportunistic Infections, Communicable vs. Non-Communicable Diseases</p> <p>Side Effects</p> <p>Statistics</p> <p>Treatments/Medicines</p> <p>Myths of Transmission</p> <p>Follow effective precautions against diseases transmitted through blood and body fluids. 10.2.6</p> <p>Abstinence only will be discussed as 100% prevention. No condoms will be discussed</p> <p>Use book terminology for spread of HIV/AIDS (page 279 in Glencoe book)</p>			
<p>III. Body Systems</p> <p>A. Reproductive</p>	<p>Identify and describe the structure and function of the major body systems: reproductive and immune. 10.1.6.B</p> <p>Adolescence: Heredity and Growth</p> <p>Reproduction Basics</p>			

COURSE OUTLINE	OBJECTIVES (PA standard)			
<p>IV. Conflict Resolution</p> <p>A. Bullying/Teasing</p>	<p>Identify and apply conflict mediation strategies using the steps of the “Talk it Out” and “PEACE” processes</p> <p>Describe and apply the steps in a decision-making process to health and safety issues. 10.2.6D</p> <p>Describe strategies to avoid or manage conflict and violence. 10.3.6C</p> <p>Describe strategies to avoid or manage conflict and violence (anger management/“Roid Rages”, peer mediation, reflective listening, negotiation). 10.3.6.C</p>			
<p>V. General Health</p>	<p>Apply safety rules dealing with strangers (e.g. public activities, internet, etc.).</p> <p>Explain and apply safe practices in the home, school, and community (emergencies, personal safety, communication, and violence prevention). 10.3.6.A</p> <p>Explain the relationship between personal health practices and individual well-being (immunization & health examinations). 10.2.6.A</p>			