



Seneca Valley

Raider Athletes of the Month

April, 2023



The Female Athlete of the Month for April is girl's lacrosse attacker Macy McMullen. The senior captain has had a strong end to the season, helping the Raiders clinch a spot in the Western Pennsylvania Interscholastic Athletic League (WPIAL) Girl's Lacrosse 3A Playoffs. She has tallied 20 goals over the last 10 games for an average of two goals a game. Macy's standout performance came in an overtime win over Shaler where she scored six goals, including the game winner. Not only a scorer, Macy has dished out nine assists as well. To top it all off, Macy achieved a career milestone by scoring her 100th career goal, notching the feat in a game against Fox Chapel. We recognize Macy as the April Female Athlete of the Month. Congratulations Macy!



The Male Athlete of the Month for April is boy's lacrosse attacker Colton Garner. A sophomore, Colton had a record breaking month, scoring an incredible 49 goals over 10 games for a 4.9 goals per game average. This tally included 10 and 12 goals respectively in wins over Butler and Hempfield, accounting for over 55% of goals scored by the Raiders. His efforts led him to be named the Male Athlete of the Week by the *Cranberry Eagle*. Over this 10 game period, Colton has also supplied 19 assists to his teammates, helping the Raiders earn the #7 seed for WPIAL Boy's Lacrosse Playoffs. For an eye-catching month, we recognize Colton as the April Male Athlete of the Month. Congratulations Colton!