



# Seneca Valley

## Raider Athletes of the Month

### March, 2019



The Female Athlete of the Month is senior softball pitcher Claire Zimmerman. Claire has been dominant in the circle for the Raiders as they began the season with a 5-0 record. She earned the win in all five games on the mound as she compiled a 0.42 ERA and two complete game shutouts. Claire recorded 29 strikeouts and only 10 walks during the timeframe. At the plate, she batted an impressive .429 average and had a .500 on base percentage. For an outstanding month on the softball diamond, we recognize Claire as the March Athlete of the Month. Congratulations and we look forward to continued success the remainder of the season and into the playoffs!



The Male Athlete of the Month is junior track and field athlete Gavin Thomas. Gavin played a vital role in leading the Raiders to two victories over Montour and North Hills during the month of March. Gavin broke a 20-year old record in the long jump with a jump of 22'6". Gavin collected three wins in the home opener against Montour, placing first in the 200M dash, long jump, and 4x100M relay. He tripled, again, three days later at North Hills finishing first in the long jump, 4x100M relay, and 4x400M relay. He also took second place in the 200M dash. For an outstanding month, we recognize Gavin as the March Athlete of the Month. Congratulations and we look forward to continued success the remainder of the season and into the WPIAL Championships!



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