DESCRIPTION:
Health is a state of well being involving a person’s body, mind, and relationships with others. This class will help you better understand how one’s decisions made today have a direct impact on one’s future.

ESSENTIAL QUESTIONS:
- How can the decisions I make today affect my future?
- What impact does my overall health have on my life?
- What does being healthy mean to you?
- What decisions should I make in order to keep others and myself healthy?
- What is the importance of understanding your overall health as a teenager?

IT IS EASIER TO “STAY OUT OF TROUBLE” THAN TO “GET OUT OF TROUBLE”

THE FIVE B’s
- Be Prepared
- Be Punctual
- Be Polite
- Be Involved
- Be Positive

CLASSROOM CONSEQUENCES (Depending on the infraction)
- Warning / Homeroom Restriction
- Call Home
- Alternative Learning Center (Time Out)
- Disciplinary Referral
- Bullying Tracking Form

CLASS POLICIES:
1. Students are expected to have their planner for class everyday. It is the student’s responsibility to write the assignment in their planner in a neat and orderly manner
2. Excused Absence: Follow the district policy - Unless the assignment was received prior to the absence the assignment is due upon return
3. It is the responsibility of the student to check the assignment center upon their return from an absence. The assignment center will provide the student with assigned homework, handouts, and long term projects
4. Completion grades – These assignments typically are given full credit for simple completion of the assignment. Completion assignments will not be accepted late and no points will be given.
5. Graded assignments – These assignments are graded for accuracy and can be turned in late with a 10% deduction from the assigned grade for each day the assignment is late.

6. **Each student will need one health notebook (a single one subject notebook is adequate) and a folder with pockets or one small three ring binder with notebook paper. Students are expected to bring a pen or pencil to class each day**

7. It is the responsibility of the student to have a charged and ready to go district computer for class

8. Students may be asked to redo an assignment if it is unreadable

9. Students who will be missing class for an approved educational vacation (follow district policy - prior approval from principal) must see me at least two days in advance of their upcoming absence in order to get their work. All work is due upon return from their trip.

10. Students pulled out of class for purpose, band, chorus, athletics, or for any other reason must report to my room during homeroom where they will sign out for that period, pick up any worksheets and/or homework, and turn in any homework, which may be due that day.

**EXPECTATIONS:**

1. Participation – Give your best effort and come prepared for class
2. Listen - to teacher and each other
3. Take notes
4. Learn to speak and debate intelligently

**EVALUATION:**

Grades are based on performances on chapter test, quizzes, homework, classroom assignments, and special projects
Signature Page

Health Class Outline 2018 - 2019

Please print off this signature page, complete, and have your child return with the proper signatures to Mr. Motyl verifying that you have read the class outline. If you should have any questions, you may leave a written note on the bottom of this page or contact me at either motyljd@svsd.net or 724-452-6043 ext. 3255 and leave a voicemail.

Period Number:_____

Date:_______________

Parent/Guardian Signature:___________________________

Student - Print Name:______________________________

Student Signature:______________________________

Comments or Questions: