



# Seneca Valley BASEBALL - V/JV Conditioning Schedule

(as of 12-20-2023)

Activity	Time	Location	Location Detail
<b>MONDAY, JAN 08, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>TUESDAY, JAN 09, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>WEDNESDAY, JAN 10, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	Baseball Building	
<b>TUESDAY, JAN 16, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	Baseball Building	
<b>WEDNESDAY, JAN 17, 2024</b>			
BASEBALL - V/JV Conditioning	7:00pm-9:00pm	Baseball Building	
<b>THURSDAY, JAN 18, 2024</b>			
BASEBALL - V/JV Conditioning	7:00pm-9:00pm	GYM - I HS	
<b>MONDAY, JAN 22, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	Baseball Building	
<b>TUESDAY, JAN 23, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>THURSDAY, JAN 25, 2024</b>			
BASEBALL - V/JV Conditioning	7:00pm-9:00pm	GYM - I HS	
<b>MONDAY, JAN 29, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>TUESDAY, JAN 30, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>THURSDAY, FEB 01, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	Baseball Building	

Activity	Time	Location	Location Detail
<b>MONDAY, FEB 05, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>TUESDAY, FEB 06, 2024</b>			
BASEBALL - V/JV Conditioning	5:30pm-8:00pm	GYM - I HS	
<b>THURSDAY, FEB 08, 2024</b>			
BASEBALL - V/JV Conditioning	7:00pm-9:00pm	GYM - I HS	
<b>MONDAY, FEB 12, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	Baseball Building, GYM - I HS	
<b>WEDNESDAY, FEB 14, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	GYM - I HS	
<b>THURSDAY, FEB 15, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:00pm	GYM - I HS	
<b>TUESDAY, FEB 20, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	GYM - I HS	
<b>WEDNESDAY, FEB 21, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	GYM - I HS	
<b>THURSDAY, FEB 22, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:00pm	GYM - I HS	
<b>MONDAY, FEB 26, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	GYM - I HS	
<b>WEDNESDAY, FEB 28, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:30pm	GYM - I HS	
<b>THURSDAY, FEB 29, 2024</b>			
BASEBALL - V/JV Conditioning	3:00pm-5:00pm	GYM - I HS	