

SECTION: PUPILS
 TITLE: DRUG AND ALCOHOL
 AWARENESS FOR ATHLETIC
 PROGRAMS,
 EXTRACURRICULAR
 ACTIVITIES, AND STUDENT
 DRIVERS

SENECA VALLEY SCHOOL DISTRICT

ADOPTED: August 12, 2002

REVISED: November 13, 2006

<p>1. Purpose Pol. 227</p>	<p style="text-align: center;">227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS</p> <p>This policy is an extension of the Substance Use/Abuse Policy of the Seneca Valley School District. The purpose of this policy is to create an alcohol and drug-free setting for all students and district employees. It is the belief of the Seneca Valley School District that participation on any interscholastic athletic team, extracurricular activity or driving/parking a personal vehicle is a privilege, not a right. Students who volunteer to participate in these programs are expected to accept the responsibilities granted to them by this privilege. These students as well as their parents/guardians must also recognize that because of their choice to participate in these activities, they have a lesser expectation of privacy than do other students.</p> <p>The effects of drug usage, in particular, in an educational environment are visited not just upon the users, but also upon the entire student body and faculty, because the educational process may be disrupted and the individual's safety risk factor is increased. With regard to school athletes and students who drive, the risk of immediate physical harm to the drug or alcohol user or those with whom the student is playing a sport or sharing the highway is particularly high.</p> <p>As this is a noncurricular occurrence, no recording of participation or of any test results, either positive or negative, will appear on the student's permanent transcript or any other permanent record.</p> <p>In addition, students participating in the program for the full year, and who have no true positive results from the testing throughout the year will receive a certification at the end of the year.</p>
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227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS – Pg. 2

<p>2. Authority Pol. 210, 227</p>	<p>The Seneca Valley School District prohibits the possession, use, misuse, or the distribution of drugs, controlled or mood-altering substances, including anabolic steroids, look-alikes, designer drugs, drug paraphernalia, health endangering substances, medication not registered with the health office, or alcohol on school district property, school buses, or during activities under school district jurisdiction. This policy encompasses all students in grades 7 to 12 wishing to participate in any interscholastic athletic activity, any extracurricular activity, or those who meet the district’s guidelines to drive on campus and wish to obtain a parking permit. The policy includes those students being educated by the district under special circumstances, including home schooling. The district welcomes all referenced students, with the permission of their parents/guardians, to participate in the program. Those students who are not seeking privileges for parking, participating on athletic teams or an extracurricular activity will be considered voluntary participants.</p> <p>The district will require any student who is submitting to testing and the student’s custodial parent/guardian to consent in writing to drug testing pursuant to the district’s drug testing program using the form provided by the district. No student should be able to participate in any interscholastic sport, any extracurricular activity, or to obtain a parking permit without such consent.</p>
<p>3. Definitions</p>	<p>Student Athlete/Cheerleader – Any student in grades 7 to 12 participating in athletic or cheerleading practices, contests, or performances under the control and jurisdiction of the district, including managers, student trainers, etc.</p> <p>Student Driver – Any student with a valid license recognized by the state of Pennsylvania who is in grades 11 or 12 and who has formally requested a parking permit via the district-approved process.</p> <p>School Property – This policy covers all locations under the jurisdiction of the Seneca Valley School District, including away events in or out of the state of Pennsylvania.</p> <p>Drug/Mood-Altering Substance – As used in this policy, shall be defined as any controlled substance, noncontrolled substance, or designer drug, look-alike substance or health endangering substance.</p>

227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS – Pg. 3

<p>35 P.S. 780-101 et seq 42 P.S. 8337 21 U.S.C. Sec. 812 Pol. 227</p>	<p>Controlled Substance – A controlled substance is any drug or substance listed in Schedules 1-5 of the Pennsylvania Drug Device and Cosmetic Act of 1972. Examples include but are not limited to alcohol, marijuana, stimulants, depressants, hallucinogens, etc.</p> <p>Noncontrolled Substance – A noncontrolled substance is any substance containing phenylpropanolamine, pseudoephedrine, ephedrine, or any other noncontrolled substance that has or is represented to have a stimulant or depressant effect on humans. In addition to the items stated above, any product that includes chemical solvents or aerosol carcinogens is also considered a noncontrolled substance.</p> <p>Designer Drug – A controlled substance analog is a noncontrolled substance which either produces the pharmacological effect or is represented to produce pharmacological effects similar to a controlled substance in Schedule 1 or 2 of the Pennsylvania Drug Device and Cosmetic Act of 1972.</p> <p>Look-Alike Substance – A noncontrolled substance whose physical appearance of the finished dosage form containing the noncontrolled substance is substantially identical to any controlled substance, taking into account size, shape, color, markings or lack thereof.</p> <p>Health Endangering Substance – Any substance that may be harmful to the individual and that is not covered in the Pennsylvania Drug Device and Cosmetic Act of 1972.</p> <p>Medical Review Officer (MRO) – A licensed physician trained and certified in the process and interpretation of drug testing results.</p> <p>SAMHSA (The Substance Abuse and Mental Health Services Administration) – A governmental agency that certifies toxicology laboratories that perform drug testing following strict guidelines and constant quality assurance programs.</p> <p>GC/MS (Gas Chromatography/Mass Spectroscopy) – A scientific process to identify specific chemical compounds. A molecular fingerprint is obtained that identifies a chemical compound with one hundred percent (100%) accuracy.</p> <p>Quantitative Levels – The measurement levels of a specific chemical in the urine reported usually in nanograms per milliliter (ng/ml).</p>
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227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS – Pg. 4

<p>Pol. 227</p>	<p>Chain-of-Custody Form – A preprinted form provided by the testing laboratory that records all contact with the provided specimen. The form is initiated by the collector, and the donor then follows with the specimen until the results are certified by the testing scientist and forwarded to the MRO for final certification.</p> <p>Drug Paraphernalia – All equipment, products and materials of any kind which are used, intended for use or designed for use in planting, propagating, cultivating, growing, harvesting, manufacturing, compounding, producing, processing, preparing, testing, analyzing, packaging, repackaging, storing, containing, concealing, injecting, ingesting, inhaling, or otherwise introducing to the human body a controlled substance.</p> <p>Sports Season – The length of each season shall be determined by the guidelines established by the Pennsylvania Interscholastic Athletic Association (P.I.A.A.).</p> <p>Citizenship Standard – Any student who was proven by self-admission or admission by the parent/guardian to violate the policy throughout the calendar year while off campus will be subject to suspension from all school-sponsored athletic activities according to the offenses outlined in the Procedure For Drug Testing Participants of this policy.</p> <p>Suspension From Sport/Activity, Extracurricular Activity, Or Driving Privileges – Based upon a positive result from a drug test or a violation of the current Seneca Valley Substance Use/Abuse Policy, the student may observe but not be able to participate in the sport/activity. Observation is defined as having the individual dressed in street clothes and only watching practice. This would include practices, rehearsals, weight training, and all events pertaining to the sport/activity. The recommended treatment will supercede the sport/activity schedule. The suspension of activities or driving privileges, upon verification of a positive result, is immediate.</p> <p>Adulterant/Adulteration – Any attempt to alter the outcome of a urine drug test by adding a substance to the sample, attempting to switch a sample, or otherwise interfere with the detection of illicit or banned substances in the urine.</p> <p>Vendor – The medical office or company selected by the School Board to carry out the policy and procedure.</p> <p>Oversight Committee – A committee consisting of the Superintendent and two (2) appointed School Board members. This committee will be advised of all true positive test results, the chronology of events, suspension of privileges, adherence to remedial or rehabilitative programs, and the reinstatement of privileges.</p>
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<p>4. Guidelines</p>	<p>Extracurricular Activity Participant – Any student in grades 7 to 12 participating in any nongraded, extracurricular activity.</p> <p style="text-align: center;">PROCEDURE FOR DRUG TESTING PARTICIPANTS</p> <p><u>Informed Consent For Testing</u></p> <p>Prior to the beginning of the new school year and at the beginning of each sport season, student drivers, student athletes and parents/guardians/custodians will complete and sign the Consent To Perform Urinalysis For Drug Testing form, regardless of the student’s age. No student may purchase a parking permit or participate in practice or competition until these forms are properly executed and on file with the appropriate building principal.</p> <p><u>Urine Drug Testing Frequency</u></p> <p>At the beginning of the school year and of each sport season, or when a student moves into the district and joins a sport, all students wishing to purchase a parking permit or wishing to participate in that season’s sports or participate in any extracurricular activity will be subject to urine testing for illicit or banned substances as specified below. The family will pay the cost of this initial urine test. If a student is in multiple sports or activities throughout the school year, only one (1) test before the beginning of the first sport season or activity will be required. Also, the initial test for student driving at the beginning of the school year will cover the initial tests for students participating in sports seasons or extracurricular activities.</p> <p>Any student wishing to participate in a sport or activity with a tryout period of less than five (5) days is exempt from taking the initial drug test until they have been selected for the team or activity. This includes but is not limited to the following sports and activities: golf, the madrigal singers, cheerleading, pom-poms, colorguard, and majorettes.</p> <p>Following initial testing, up to twenty percent (20%) of eligible student athletes, activities participants, or student drivers will be randomly tested on a periodic or weekly basis. All students will remain in the random pool until the end of the school year. A student who is finished with the activity and does not intend to continue participation for the remainder of the year may be removed from the program with a signed letter by the parent/guardian directed to the building principal. Any student who refuses to submit to urine drug testing will not be allowed to practice or participate in his/her activity or athletic event and will be refused driving privileges until the student agrees to do so. The district will incur the cost of the random tests.</p>
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227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS – Pg. 6

Sample Collection

Samples will be collected as outlined under vendor requirements. Any eligible student athlete, activity participant, or student driver selected randomly for urine drug testing who is not in school will be tested at the next available testing time. Students who are present and not able or are unwilling to provide an adequate urine specimen at testing time will be withheld from practice or competition and their driving privileges will be withheld until the student provides the required specimen.

Arrangements may be made for special collections at a vendor collection site with prior approval of the building principal or Athletic Director. There may be an additional fee associated with the use of an off-site collection point. Parents/ Guardians may remain on site for the initial drug test, but may not interfere with the collection process or schedule in any way.

The vendor will oversee the collection of urine specimens as outlined in the Procedures For Random Urine Drug Testing Of The Seneca Valley School District Students Participating In Interscholastic Sports. Chain-of-Custody forms will be provided by the vendor that meet the criteria of this policy and that of the testing laboratory. Students will be given as much privacy as possible in the obtaining of the specimen. Students will also be able to choose the gender of the collector.

Random Selection Of Student Athletes

Once provided a list of eligible student athletes, activity participants, and student drivers, the vendor must select the required number of students in a random and confidential manner. Periodically, the vendor will arrange with the building principal or Athletic Director a day and time to do the collection of specimens. The schedule will not follow any recognizable pattern. Saturdays and Sundays will also be utilized to collect samples. The selected student names will be given to the building principal or the Athletic Director, who will arrange for these students to report to the collection area. Parents/Guardians will not be notified of the random drug test prior to the test. The student will take home the parent/guardian copy of the Chain-of-Custody form to verify testing occurred.

Collection Of Urine Specimens

The vendor will oversee the collection of urine specimens as outlined in the Procedures For Random Urine Drug Testing Of The Seneca Valley School District Students Participating In Interscholastic Sports. Chain-of-Custody forms will be provided by the vendor that meet the criteria of this policy and that of the testing laboratory. Students will be given as much privacy as possible in the obtaining of the specimen.

Testing Of Urine Specimens

The vendor will have all specimens tested for the specified illicit or banned substances by a qualified laboratory certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) following the guidelines of the Department of Health and Human Services (HHS). The testing laboratory should have greater than ten (10) years experience in toxicology testing and chain-of-custody procedures. All specimens must be initially tested using a highly accurate immunoassay technique, with all presumptive positive results then confirmed by a Gas Chromatography/Mass Spectroscopy (GC/MS) confirmatory test, understanding that no current GC/MS test is available for LSD.

The testing laboratory must be able to test for the following: drug classes, substances or their metabolites in collected urine specimens. The building principal may specify specific classes or substances to be tested.

The standard screening includes alcohol, amphetamines, barbiturates, Benzodiazepines (Valium), Cocaine, Marijuana, Methadone, opiates (Codeine), Phencyclidine, and Propoxyphene (Darvon).

This list can be modified by the district at any time to include anabolic steroids, LSD, and Ecstasy.

Medical Review Officer (MRO) Services

The vendor will provide MRO services by a licensed physician who is certified by the Medical Review Officer Certification Council (MROCC) or the American Association of Medical Review Officers as having proven by examination to have had the appropriate medical training to interpret and evaluate drug test results and thus qualified for certification as a Medical Review Officer. Additionally the MRO must demonstrate a willingness to abide by the Procedure For Random Urine Drug Testing Of The Seneca Valley School District Students Participating In Interscholastic Sports as the evaluation of positive drug tests and reporting findings to the building principal in a timely and confidential manner. All results will be kept on file for a period of seven (7) years and the vendor must notify the district prior to disposal and of disposal methods in accordance with destruction of confidential information.

Reporting Of Random Urine Test Results By Vendor

The MRO will certify all urine drug screens and report by telephone positive findings in a confidential manner to the parent/guardian. The next contact regarding a positive result will be to the building principal. The MRO will also notify the Athletic/Activities Director, by phone, that a drug test returned positive giving only the dates of the collection and reporting. This contact will take place within twelve (12) hours of determining a positive result.

Statistical Reporting And Confidentiality Of Urine Drug Test Results

The vendor, testing laboratory, or MRO may not release any statistics on the rate of positive drug tests to any person, organization, news publication or media without expressed written consent of the Seneca Valley School District Board of Education. However, the vendor will provide the Superintendent with semiannual reports showing the number of tests performed, rate of positive and negative tests, and what substances were found in the positive urine specimens.

Procedures In The Event Of A Positive Result

Whenever a participant in the testing program has a test result that indicates the presence of illegal drugs, positive test, or banned substances, or the MRO rules the specimen adulterated, the following will occur:

1. The building principal, within twenty-four (24) hours, will notify and meet with the parent/guardian/custodian first, then the student and Athletic/Activities Director of any positive results. A written notification from the building principal, by form letter, will be sent to the parent/guardian/custodian by certified mail. The building principal may keep all test results for a period up to one (1) year.
2. The student will be notified and be required to submit weekly urine specimens, via the vendor, for five (5) weeks. The costs of these five (5) tests will be incurred by the parent/guardian.
3. If the parent/guardian/custodian or student wish to contest the results, the vendor will arrange for the split portion of the specimen to be submitted to another laboratory approved by the Board of Education for testing. This is done at parent/guardian/custodian or student expense. Such a request must be made to the building principal in writing within five (5) workings days from first notification of positive test results.

227.1. DRUG AND ALCOHOL AWARENESS FOR ATHLETIC PROGRAMS, EXTRACURRICULAR ACTIVITIES, AND STUDENT DRIVERS – Pg. 9

4. The MRO may use quantitative results to determine if positive results on repeat testing indicate recent use of illicit or banned substances or the natural decline of levels of the illicit or banned substance from the body. If the MRO feels the quantitative levels determined to be above the established cutoffs do not reflect current use but natural decay, then negative results may be reported.

All drug test results are considered confidential information and will be handled according to state regulations.

Consequences For Violating The Drug/Alcohol Policy Or Testing Positive During A Drug Screening

No student participating in this testing program shall be penalized academically for testing positive for illegal drugs. The results of drug tests pursuant to this policy will not be documented in any student's academic records. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities, absent legal compulsion by valid and binding subpoena or other legal process, which the district shall not solicit; in the event of service of any such subpoena or legal process, the student and the custodial parent/guardian will be notified at least seventy-two (72) hours before a response is made by the district.

The records of all students who tested negative will be destroyed at the end of the school year. Only the records of those students who tested positive and whose penalties transcend the school year into subsequent school years shall have their records maintained.

If a student refuses to submit a urine sample, the situation will be ruled as a positive result and the student will receive the same consequences as if s/he had tested positive.

If a student participates in athletics and/or activities, and is a driver, both privileges will be revoked in accordance with the progressive consequences process if a true positive test is returned.

1. First Offense

The student participant will receive a fourteen (14) calendar day suspension from the sport, activity, or parking privilege. S/He will attend a mandatory school session lasting four (4) days that is offered one (1) time per month. The student will also be referred to a licensed facility for drug assessment.

Participation is contingent upon the student following through and complying with the facility’s recommendation. The student will also be required to submit weekly urine specimens, via the vendor, for five (5) weeks. The expenses of the assessment and the five (5) weekly drug tests will be incurred by the parent/guardian. The student will also be referred to the YESS Team of the appropriate building and receive an appropriate educational program.

The first offense for testing positive can be expunged by the district once the student provides documentation of forty (40) hours of drug counseling and successful voluntary passing of twelve (12) monthly drug tests by the district’s approved vendor, at the family’s expense. Community service may be used once approved by the principal to achieve the 40-hour total. This first offense can only be expunged once in the student’s time in the Seneca Valley School District. This documentation must be provided before the occurrence of a second offense. Failure of any one (1) of the twelve (12) monthly drug tests will not count as a second offense, but nullifies the first offense removal procedure.

2. The Second Offense Within A Six-Year Time Period

The student participant will receive a suspension of athletic, activity, and driving privileges for one (1) year. The student will also be referred to a licensed facility for a drug assessment. Participation is contingent upon the student following through and complying with the facility’s recommendation. The student will also be required to submit weekly urine specimens, via the vendor, for five (5) weeks. The expenses of the assessment and the five (5) weekly drug tests will be incurred by the parent/guardian. The student will also be referred to the YESS Team of the appropriate building and receive an appropriate educational program.

3. The Third Offense Within A Six-Year Time Period

The student participant will receive a permanent suspension of driving privileges as well as a permanent suspension from any sport or activity. The student will also be referred to a licensed facility for a drug assessment. The student will also be referred to the YESS Team of the appropriate building.

Prescription Drug Error Positive

A student that is determined to have used a prescription drug without a legal prescription in their name will be given a positive test result by the MRO. If, upon contacting the parent/guardian, the MRO is advised of circumstances indicating that the positive result was due to parental/guardian error and not an intended abuse of

the substance, the MRO shall instruct the parent/guardian to submit to the MRO and the building principal a written statement detailing the circumstances of the administration of the nonprescribed drug. The building principal, in consultation with the Superintendent, will consider whether the parent/guardian explanation for the violation warrants excusal of the violation of this policy. The disposition of the written statement by the school administration shall be final.

Submission of such a written statement shall not delay or interrupt the suspension from the sport, activity or parking privilege pending administrative review. Such suspension shall be terminated only if and when the school administration determines that the violation is excusable and the conditions set forth below are fulfilled. If the school administration determines that the violation is excusable, as conditions of reinstatement of the student's sport/activity participation and/or driving privileges: (a) the parent/guardian shall submit a written acknowledgement recognizing that the administration of a prescription drug to the student without a legal prescription in their name is inappropriate and that further such nonprescribed administrations will not be considered for excusal under this provision; and (b) the student shall undergo a second drug screen, at the expense of the parent/guardian, to ensure that the detected substance is in decay. Upon completion of these conditions, the student's participation and/or privileges shall be reinstated and the positive test will be removed from the student's record. This provision for excusal may be applied only once during a student's enrollment within the school district and subsequent positive test results shall be subject to the consequences otherwise set forth in this policy.

**PROHIBITION OF OVER-THE-COUNTER
SPORTS ENHANCING SUPPLEMENTS**

There exists several over-the-counter products known as sports enhancing supplements. The purpose of those supplements are to assist an athlete, enhance his/her overall physical development, and some are designed to enhance a specific athletic event.

The Seneca Valley School District wants to be clear in conveying the thought that the use of supplement(s) or product(s) designed to enhance performance is not endorsed or condoned. It is our hope that parents/guardians will support our view that the use of such supplements should be prohibited.

As a means of conveying our opinions on the topic, our coaches, trainers and health teachers shall, through our curriculum and annual team orientations, address this issue with our students. The message we want to convey to our students is that preparation for athletic performance is best served through a proper and well-balanced nutritional diet and appropriate physical activity designed by our coaches, trainers, and weight room supervisors.

THE TESTING NEGATIVE, POSITIVE RESULT PLAN

As previously mentioned, students participating in the program for the full year and who have not tested positive on any tests throughout the year will receive a certification at the end of that year.

In addition, the district will notify local businesses via chambers of commerce, rotary and other groups of the program.

Note: Beginning November 1, 2003, and continuing through the remainder of the 2003-04 school year, students from grades 9 – 12 who participate in extracurricular activities will be included in the random drug testing pool. These students will not need to receive an initial drug testing during this current school year to participate in the activity.

During the 2003-04 school year, students from grades 7 – 8 who participate in any extracurricular activities will not be included in the random drug testing pool.

All students from grades 7 – 12 who participate in extracurricular activities will be required to receive an initial test and will be included in the random drug testing pool beginning the 2004-05 school year, similar to athletics and student drivers.